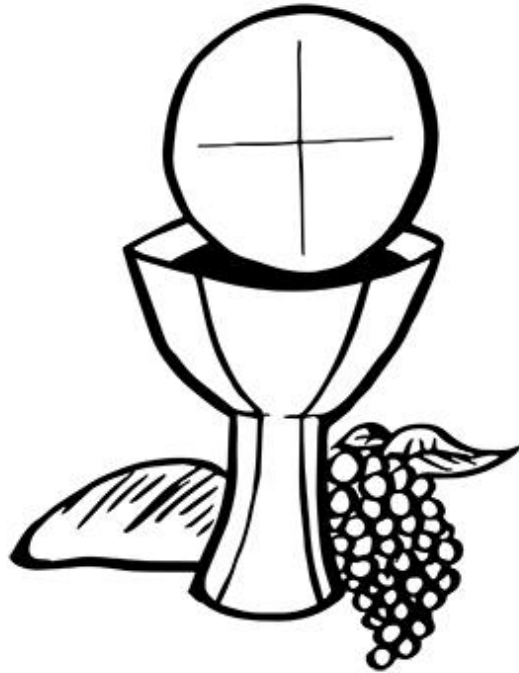


**Eucharist for use via Zoom or Live-Steaming
All-age version
for use in Lent**



President

In the name of the Father,
and of the Son,
and of the Holy Spirit.

All **Amen.**

The Greeting

The president greets the people

The Lord be with you

All **and also with you.**

Words of welcome or introduction may be said.

Prayer of Preparation

Let us get ready to worship God.

Silence

The Lord is here.

His Spirit is with us.

Prayers of Penitence

We come to God,
as sisters and brothers in God's family,
to ask for his forgiveness and peace.

In a dark and dangerous world
We have not held out the light of life
Lord, have mercy.

All Lord, have mercy.

In a hungry and despairing world
We have failed to share our bread.
Christ, have mercy.

All Christ, have mercy.

In a cold and loveless world
We have kept the love of God to ourselves.
Lord, have mercy.

All Lord, have mercy.

The president says

May God who loved the world so much
that he sent his Son to be our Saviour
forgive you your sins
and make you holy to serve him in the world,
through Jesus Christ our Lord.

All Amen.

The Collect

Let us pray

Silence

The Collect is said, and all respond

All Amen.

¶ *The Liturgy of the Word* ↑

Readings

At the end of each the reader may say

This is the word of the Lord.

All Thanks be to God.

Gospel Reading

When the Gospel is announced the reader says

Hear the Gospel of our Lord Jesus Christ according to N.

All Glory to you, O Lord.

At the end

This is the Gospel of the Lord.

All Praise to you, O Christ.

Sermon or response to readings – *this might take the form of some questions to reflect on, or an activity to do*

Affirmation of Faith:

Let us declare our faith in God.

**All We believe in God the Father,
from whom every family
in heaven and on earth is named.**

**We believe in God the Son,
who lives in our hearts through faith,**

and fills us with his love.

**We believe in God the Holy Spirit,
who strengthens us
with power from on high.**

**We believe in one God;
Father, Son and Holy Spirit.
Amen.**

Prayers of intercession

*A time for praying together in our homes. We might
use: Thank you ... sorry ... please*

We thank you for:

We are sorry for:

Please:

These responses may be used

Lord, in your mercy
All **hear our prayer.**

And at the end

Merciful Father,

**All accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

¶ *The Liturgy of the Sacrament* ↑

The Peace

Jesus said:

‘Love one another.

As I have loved you,

So you are to love one another.’

The peace of the Lord be always with you

All and also with you.

These words may be added

Let us offer one another a sign of peace.

All may exchange a sign of peace.

This might include a smile, or a wave, or a thumbs-up, or a word of peace.

Preparation of the Table

Taking of the Bread and Wine

The table is prepared and bread and wine are placed upon it.

If you are worshipping at home, you might want to put some special food and drink on the table at this point, and think about friends and family members with whom you would like to share a special meal.

With this bread that we bring

All We shall remember Jesus.

With this wine that we bring

All We shall remember Jesus.

Eucharistic Prayer

The Lord is here

All His Spirit is with us.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

[Question **Why is it right to give thanks and praise?**

Answer *Listen, and we will hear.*]

Lord of all life,
you created the universe,
where all living things reflect your glory.
You give us this great and beautiful earth,
to discover and to cherish.

One of the following may be used

You give us sun and moon and star-lit sky,
everything that gives us light,
light for our eyes, our hearts, our minds.

(or) You give us the fish in the sea,
the birds of the air,
and every plant and tree;
the life that sleeps in the winter earth,
and awakens again in the spring.

(or) You give us your love,
even when things go wrong.
Jesus knew hurt and pain.
Through him you wipe away our tears,
and fill us with your peace.

(or) You give us happy times
and things to celebrate.
In these we taste your kingdom,
a feast for all your children.

You made us all,
each wonderfully different,
to join with the angels
and sing your praise:

**All Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
[Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.]**

We thank you, loving Father,
because, when we turned away,
you sent Jesus, your Son.
He gave his life for us on the cross
and shows us the way to live.

Send your Holy Spirit
that these gifts of bread and wine
may be for us Christ's body and his blood.

[Question **Why do we share this bread and wine?**
Answer *Listen, and we will hear.]*

On the night before he died,
when darkness had fallen,
Jesus took bread.
He gave thanks, broke it,
and shared it with his disciples, saying:

'This is my body, given for you.
Do this to remember me.'



After they had eaten, he took the cup of wine,
gave thanks, and shared it with his disciples,
saying:

'This is my blood, poured out for you and for many,
for the forgiveness of sins.'

So Father, with this bread and this cup
we celebrate his love, his death, his risen life.
As you feed us with these gifts,
send your Holy Spirit,
and change us more and more
to be like Jesus our Saviour.

[Question **How do we follow Jesus Christ?**

Answer *Listen, and we will hear.*]

Help us, Father, to love one another,
as we look forward to that day
when suffering is ended,
and all creation is gathered in your loving arms.

And now with the Blessed Virgin Mary, St Giles and
all your saints
we give you glory,
through Jesus Christ,
in the strength of the Spirit,
today and for ever.

All Amen.

Let us pray with confidence as our Saviour has
taught us

**All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

Breaking of the Bread

The president breaks the consecrated bread.

We break this bread
to share in the body of Christ.

***All* Though we are many, we are one body,
because we all share in one bread.**

The Agnus Dei may be used as the bread is broken

***All* Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
grant us peace.**

Giving of Communion

The president says this invitation to communion

God's holy gifts
for God's holy people.

**All Jesus Christ is holy,
Jesus Christ is Lord,
to the glory of God the Father.**

*The president receives communion, for and on
behalf of us all.*

*You might want to say one or more of these prayers
at home:*

Thank you, Lord Jesus Christ, for all that you have
given me,
for all the pains and insults you have borne for me.
Since I cannot now receive you sacramentally, I ask
you to come spiritually into my heart.

O most merciful redeemer, friend and brother, may
I know you more clearly, love you more dearly, and
follow you more nearly, day by day.

Amen.

after the Prayer of St Richard of Chichester

You might then add one or more of the following prayers:

Lord Jesus Christ, you said to your disciples, 'I am with you always'. Be with me today, as I offer myself to you. Hear my prayers for others and for myself, and keep me in your care. Amen.

O God, help me to trust you, help me to know that you are with me, help me to believe that nothing can separate me from your love revealed in Jesus Christ our Lord. Amen.

Lord, in these days of mercy, make us quiet and prayerful; in these days of challenge, make us stronger in you; in these days of emptiness, take possession of us; in these days of waiting, open our hearts to the mystery of your cross.

Angela Ashwin

Or you might want to colour in one of these pictures, or draw your own pictures:

THIS IS MY BODY, BROKEN FOR YOU...



... THIS IS MY BLOOD, SHED FOR YOU.



**Jesus said to his disciples,
"Do this in remembrance of me."**



Prayer after Communion

Silence is kept.

The Post Communion or another suitable prayer is said.

¶ *The Dismissal* ↑

The president may use a seasonal blessing, or another suitable blessing

(or)

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All Amen.

A minister says

Go in peace to love and serve the Lord.

All In the name of Christ. Amen.

After the Service, you might want to share a special meal together or some other favourite family activity, like reading a story together, or watching television ... or you could phone a family member or friend to say hello.